

## **Beetroot and Orange Salad**

by Margaret Fulton

500g (1lb) raw Beetroot, peeled  
2 Oranges  
4 tablespoons Lemon Vinaigrette Dressing\*  
1 tablespoon chopped Parsley

Grate the beetroot finely and place in a salad bowl. Finely grate the orange rind and mix with the dressing. Peel the pith from the oranges, break into segments and halve them; add to the beetroot.

Pour over the dressing and toss thoroughly. Sprinkle with the parsley to serve.

Serves 4 to 6.