

Guacamole

1 cup mashed Avocado
1 tablespoon Lemon Juice
1 teaspoon Salt
1½ teaspoons Grated Onion

Note: For variety, add 1 or more of the following:

Dash of tabasco
1 teaspoon curry powder
1 teaspoon Worcestershire Sauce
½ teaspoon Chilli Powder

Combine all ingredients and mix well. Chill several hours.

Serve with chips or savoury biscuits.