

Mixed Bean Salad

by Margaret Fulton

125g (4oz) Red Kidney Beans, soaked overnight

125g (4oz) Haricot Beans, soaked overnight

Salt

125g (4oz) Green Beans

125g (4oz) Shelled Broad Beans

6 tablespoons Garlic Dressing *

2 tablespoons chopped Parsley

Drain the kidney beans and haricot beans. Place in separate pans, cover with cold water, bring to the boil and simmer for 1 to 1½ hours, until tender, adding a little salt towards the end of cooking. Drain and place in a bowl.

Cut the green beans into 2.5 cm (1 inch) lengths. Cook the broad beans and green beans in boiling salted water for 7 to 8 minutes, until just tender. Drain and add to the bowl. Pour over the dressing while still warm and mix well. Cool, then stir in the parsley. Transfer to a serving dish.