

Tropical Punch

1 x 852ml can Pineapple and Grapefruit Fruit Juice Drink

1 cup Sugar

½ cup Water

½ cup Orange Juice

Juice of 1 Lemon

4 cups cold weak Tea

1 large bottle dry Ginger-Ale

1 cup Pineapple Pieces

3 Passionfruit

6 Strawberries sliced (optional)

A few sprigs of mint.

Crushed Ice

Place sugar and water in a saucepan over gentle heat and stir until dissolved. Chill.

Combine with fruit juices and tea. Chill.

Just before serving add chilled ginger-ale and crushed ice. Float mint and fruits on top of punch.